

# Finding consensual solutions between culinary and scientific classification systems of plant and fungal products

## Educational implications and applications

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# Contents

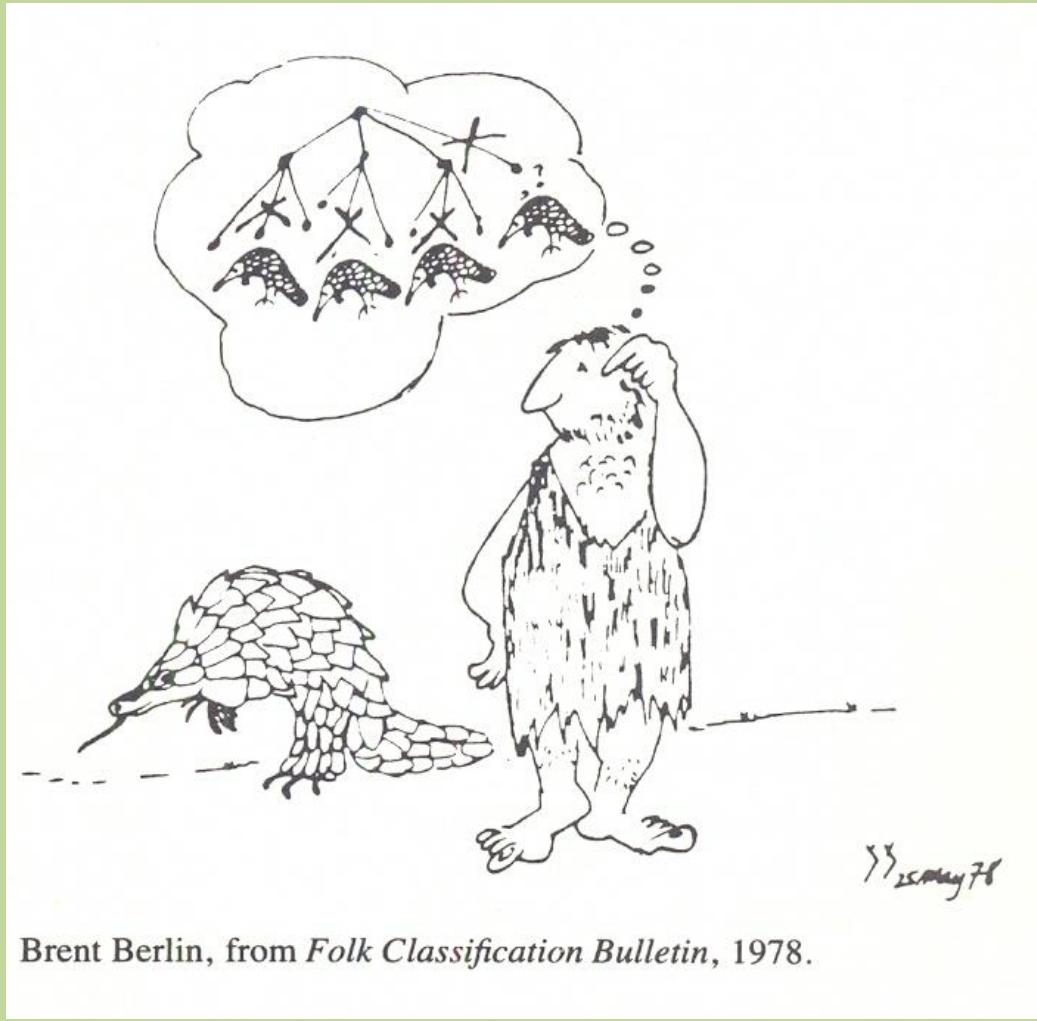
- **Biological and culinary classifications:**
  - Justification
  - Summary of previous classifications: folk, agronomic, culinary, scientific
  - Commonalities and differences
  - Consensual solution adopted
  - Classification
  - Anecdotes during the process of building the classification system
- **Educational implications and applications**
  - Adaptive system of classification (fluidity, pluridisciplinarity, interactivity...)
  - Students of culinary sciences, gastronomic botany, agronomy and similar disciplines

# **Biological and culinary classifications**

# Justification

- Academization of culinary studies
- New advances in science and cooking
- Need for a system of classification for cooks that follows a scientific approach
- Benefiting from previous classifications to create a solid and robust system, yet flexible and adaptive to change

# Need for a consensus

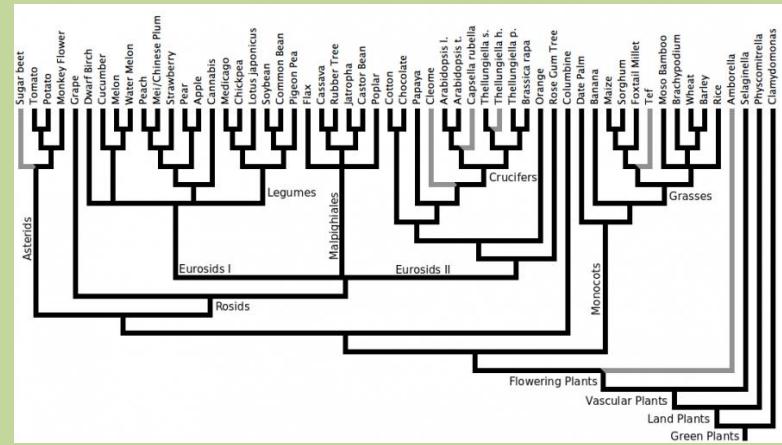
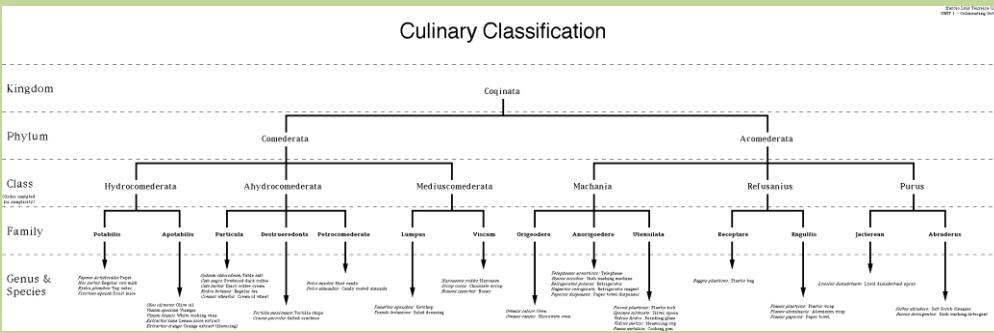
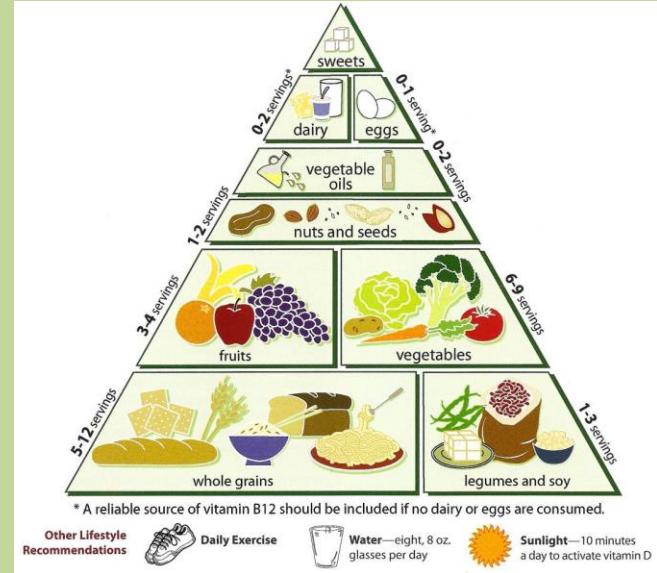
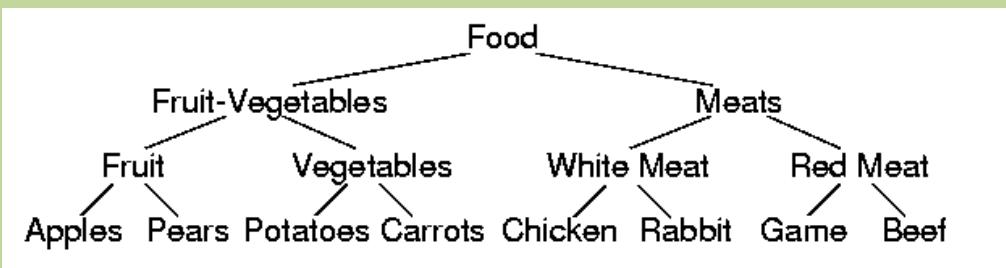


Brent Berlin, from *Folk Classification Bulletin*, 1978.

# Working transdisciplinarily



# Summary of previous classifications



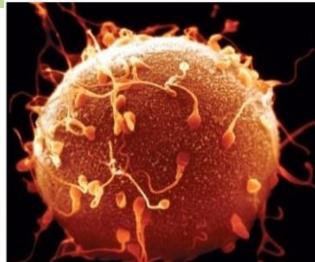
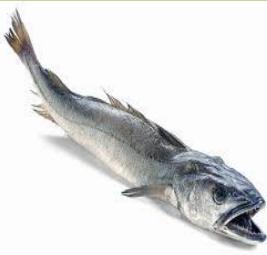
# Commonalities and differences between food classification systems

- Commonalities
  - Hierarchical structure
  - Distinct levels of complexity and internal coherence
  - Based on current and past knowledge
  - Changes with time
- Differences
  - Distinct levels of objectivity and universality
  - Ontological and epistemological assumptions

# Consensual solution adopted

Intending to do a classification according to the scientific criteria and, at the same time, easy to understand in the restaurant business.

- Living beings vs. inorganic materials



Living beings



Inorganic materials

# Consensual solution adopted

- Unelaborated vs. elaborated products



UNELABORATED

Olive



ELABORATED

Olive oil



UNELABORATED

Sugar cane



ELABORATED

Brown sugar

- Wild vs. cultivated



Wild



Cultivated

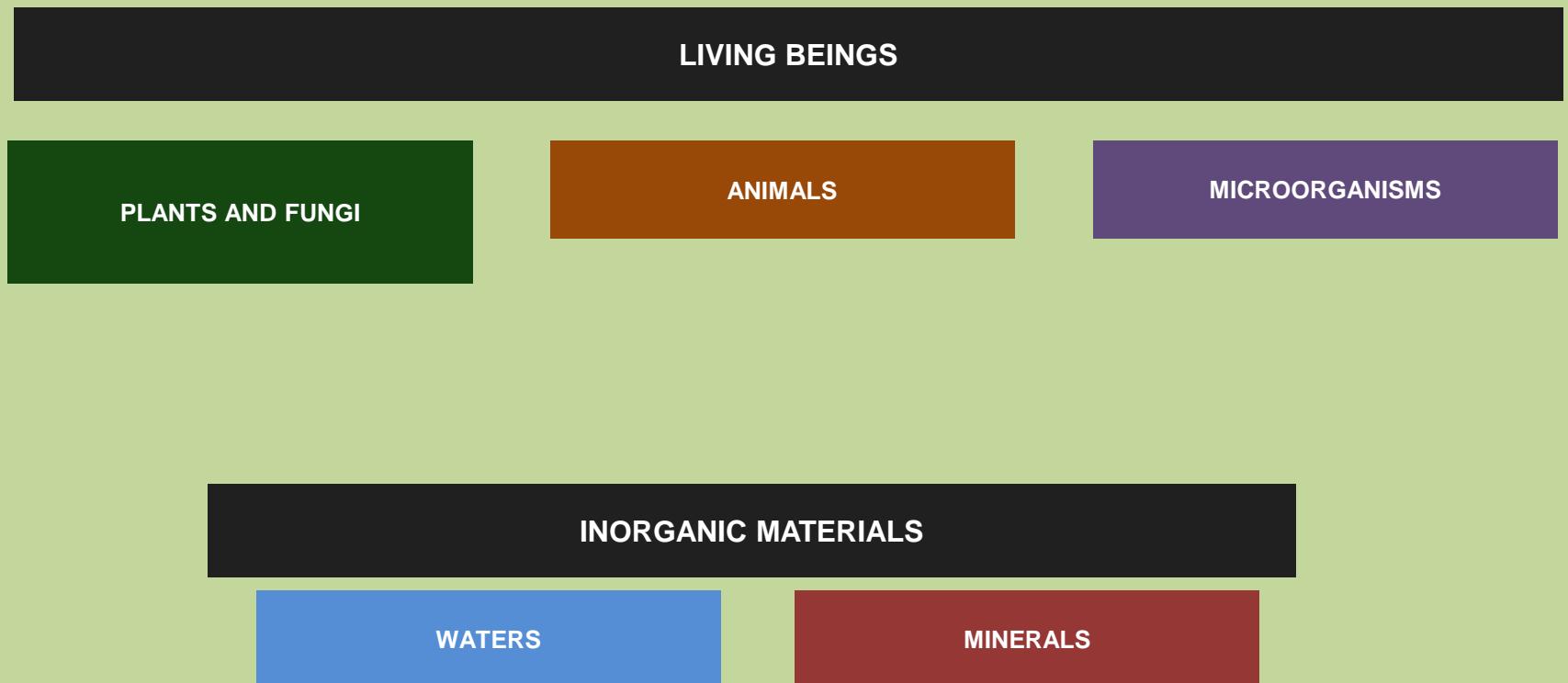


Wild



Cultivated

# The new consensual classification of non-elaborated products



# WORLD OF PLANTS AND FUNGI

## TERRESTRIAL HABITAT

### PLANTS

#### PRIMARY LEVEL

WILD CULTIVATED

#### SECONDARY LEVEL

WILD CULTIVATED

#### TERTIARY LEVEL

WILD CULTIVATED

WILD

CULTIVATED

### DERIVATES

### FUNGI

#### PRIMARY LEVEL

WILD CULTIVATED

#### SECONDARY LEVEL

WILD CULTIVATED

#### TERTIARY LEVEL

WILD CULTIVATED

WILD

CULTIVATED

### DERIVATES

## AQUATIC HABITAT

### MACROALGAE

#### PRIMARY LEVEL

WILD CULTIVATED

#### SECONDARY LEVEL

WILD CULTIVATED

#### TERTIARY LEVEL

WILD CULTIVATED

WILD

CULTIVATED

### DERIVATES

### BRYOPHYTES & VASCULAR PLANTS

#### PRIMARY LEVEL

WILD CULTIVATED

#### SECONDARY LEVEL

WILD CULTIVATED

#### TERTIARY LEVEL

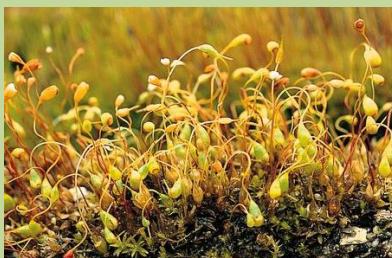
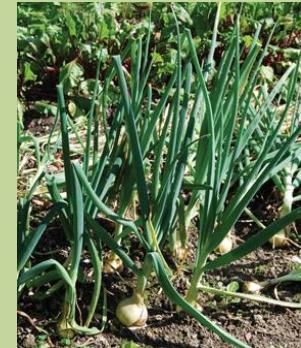
WILD CULTIVATED

WILD

CULTIVATED

### DERIVATES

# Primary level



# Secondary level



# Tertiary level



# Examples



**LEMON TREE**  
*(Citrus x limon)*  
Primary level



**LEMON**  
(Fruit of the lemon tree)  
Secondary level



**LEMON PEEL**  
(Epicarp of the fruit)  
Tertiary level



**MAIZE (CORN)**  
*(Zea mays)*  
Primary level



**CORNCOB (EAR OF MAIZE)**  
(Infructescence of the maize plant)  
Secondary level



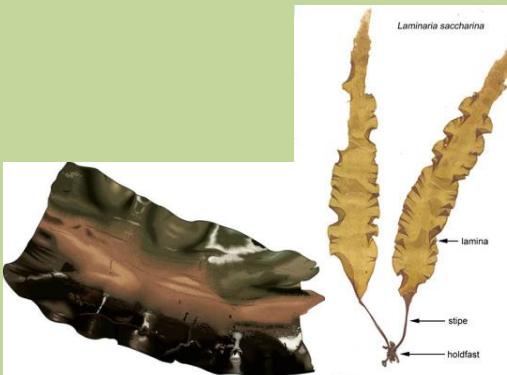
**GRAINS OF FRESH CORNCOB**  
Tertiary level

# Examples



**PORTOBELLO MUSHROOM**  
*(Agaricus bisporus)*  
Primary level

**MUSHROOM CAP**  
(Pileus of mushroom)  
Secondary level

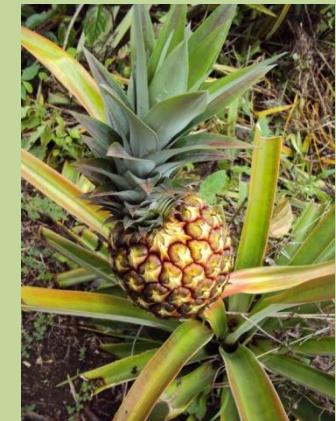


**KOMBU**  
*(Saccharina japonica)*  
Primary level

Secondary level

# Anecdotes during the process of building the classification system

In botanical terms, pineapples (*Ananas comosus*) are not fruits, but infructescences, while for cooks, these are fruits.



Ginger (*Zingiber officinale*) is often classified amongst roots in culinary terms, while botanically is considered a rhizome, a type of underground stem.

In several latin languages, cooks name seafood as “fruits of the sea”. For botanists, these animals are clearly not fruits.



# Educational implications and applications

# Adaptive system of classification

- Fluidity
- Pluridisciplinarity
- Interactivity
- Adaptability
- Feeds from culinary and biological traditions



# Students of culinary sciences, gastronomic botany, agronomy and similar disciplines

- Use of the consensual classification system amongst current students of Culinary Sciences at UB-UPC (B.S.) and future students of Gastronomic Botany at UB-UPC (M.Sc.), amongst others
- Use at a national and international levels



**Thank you**