

NIVELL B1 CURS 1

UNITS	YOU WILL:
Unit 1. You are what you eat:	<ul style="list-style-type: none">• listen to an interview with Karen, who has a special diet.• read about how the food that you eat can affect you• practise ordering food and drink in a restaurant• write a recipe• practise the Present Continuous and the Present Simple• study words for food and ways of cooking
Unit 2. My first job:	<ul style="list-style-type: none">• listen to a Catalan student who worked in London• read about some students' summer jobs• practise questions for job interviews and the pronunciation of past forms• write personal details in a form• look at the Past Simple & Continuous, and Irregular Verbs• study words to do with work
Unit 3. True Friends:	<ul style="list-style-type: none">• listen to a radio discussion• read a true story about two friends• practise talking about your best friend• write about the attitudes and personality of friends• practise using Nouns to modify other Nouns (e.g. road accident). Also practise the -ing form of the Verb• study words describing personality and some commonly confused words (e.g. meet/know)
Unit 4. Fly away:	<ul style="list-style-type: none">• listen to a talk about travelling to a middle-eastern country• read about how tourism affects people in developing countries• practise talking about holidays• write a description of a place you've visited• practise using Comparatives and Superlatives of Adjectives

Unit 5. Family Celebrations:

- listen to different people talking about special parties
- read about some unusual ways to celebrate a wedding
- practise inviting people to a party, and responding to invitations
- write poems for greetings cards

Unit 6. What's your degree in?:

- listen to different people talking about where they studied
- read about some people's experiences at university
- practise asking questions related to university studies
- practise writing emails
- practise using must and have to and some prepositions

Unit 7. The Silver Screen:

- listen to different people talking about their favourite films
- compare two reviews of a film
- practise using questions about a film
- practise writing a film review
- practise using personal & possessive pronouns and the Saxon genitive
- study words related to the cinema and describing films

Unit 8. Health and Image:

- listen to a discussion of anorexia and other diet problems
- read an article about problems related to piercing
- practise asking for information on the phone
- practise writing a letter to ask for information
- practise giving advice with should and ought to
- study words related to the human body

Unit 9. A love of nature:

- listen to an interview with a birdwatcher
- read an article about the migration of animals
- practise talking about looking after pets
- practise writing about your opinions related to pets
- practise using a, an, the and no article
- study words related to animals

Unit 10. Making Music:

- listen to a radio interview about karaoke
- read biographies of some young musicians
- practise making suggestions
- practise writing reviews of music CDs
- practise using the -ing form or infinitive
- study words related to music

Unit 11. What's the weather like?:

- listen to weather forecasts on the radio
- read about how the weather affects how we feel
- practise talking about different weather conditions
- practise writing advice about when to visit certain places
- practise using tenses related to future time
- study words related to the climate and the weather

Unit 12. Sport for life:

- listen to two university students talking about a marathon
- read about sports for handicapped people
- practise talking about arrangements to play sports
- practise writing about squash and sailing
- practise using short answers and Tag Questions
- study words related to sports and sports equipment

Unit 13. Inside the lab:

- listen to a discussion about experiments on animals
- read about a university teacher who has an implanted chip
- practise giving opinions, agreeing and disagreeing
- practise writing short biographies of scientists
- practise using the Present Perfect and the Past Simple
- study words related to science

Unit 14. Under protest:

- listen to a radio interview about an anti-globalisation demonstration
- read email contributions to a discussion forum about globalisation
- practise a dialogue in a shop
- practise writing a letter of protest
- practise the forms of Adverbs and their position in the sentence
- words related to economics and commerce

Unit 15. Technology:

- listen to a talk about the use of technology in developing countries
- read about how mobile phones are changing people's lives in Bangladesh
- practise saying numbers and using them in sentences
- practise writing about numbers and statistics
- practise Countable and Uncountable Nouns
- study words related to the Internet