## **COVID-19 prevention measures**

## For your own and everyone's safety



## In the workplace



Use **electronic documents** as far as possible



Hold meetings via **videoconference** 



Ensure that your workspace is well ventilated



**Clean** all shared surfaces and equipment



Only receive essential visitors, individually and by appointment

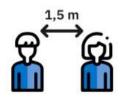


Handle objects with gloves and disinfect packages, parcels etc.

## And remember



Ensure that your **mask** is worn correctly



Maintain a safe distance with others



Wash your hands frequently



If you **cough** or **sneeze**, cover your mouth and nose with your elbow



Do not touch your face, nose or eyes

Do you have symptoms compatible with COVID-19?

If you are at home, do not go out

**Notify** your supervisor and the OSSMA medical service

If you are at work, go straight home

Contact **061** or your designated primary care centre (**CAP**)



**More information**