# ¡Bienvenidos y bienvenidas!

We are the Erasmus Student Network Barcelona UB





# Who are we?



# Activities



Welcome Days



Tips



Int. Weekend



**Buddy Program** 



Trips



Contact us



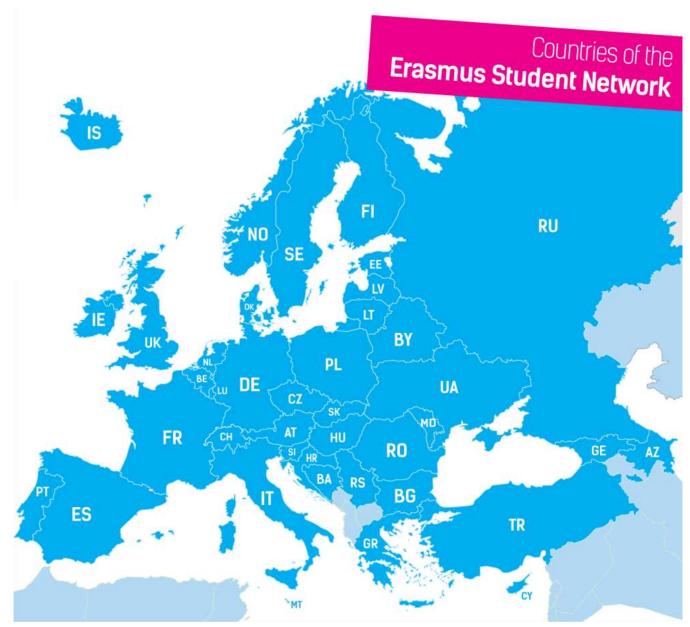




In **ESN** we provide opportunities for cultural understanding and self-development under the principle of **Students Helping Students** 

### Who are we?









21 days full of music, culture, languages, new people, and good vibes!



SAVE THE DATES! February 5 - February 23



### Welcome Days





## Welcome Days

# **Basic Welcome Pack**

**ESNcard** 

Cultural activities

Bag

Language exchanges

T-shirt

Sports activities

Cup

Traditional events







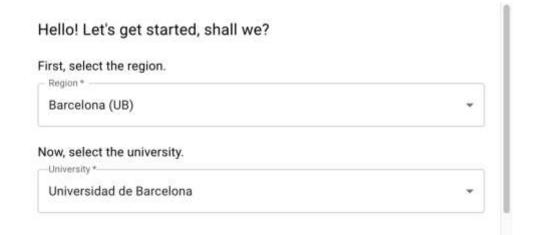
### Register here



You are registering an ESNcard for the section ESN Barcelona UB, at a cost of €15.00.

Proof of purchase of the ESNcard will be sent by email to the address specified below. Make sure that you write your email address correctly, and if it does not arrive, check your Spam / Unwanted email folder.

When you have finished your purchase, you will receive instructions on how we will validate the purchase and give you your ESNcard.









Register: esn-ub.org/esncard



## Whatsapp Community



# Erasmus ESN UB Feb 23/24





[Informal] ESN UB Spring 23/24

# ESNcard Discounts esncard.org















# **ESNcard Discounts Barcelona**























A weekend out of town, in a rural house, with all **Erasmus students** and our coordinators

The aim is to get to know each other, have fun and get started the best way!



SAVE THE DATE! 24th February- 25th February

# Our latest Integration Weekends



Integration Weekend (Oct 2022)



**Integration Weekend** (Nov 2021)



Fallas
Valencia's Festivity

16th of March (daytrip)

Daytrip in a cute town in Catalonia

13th of April

**ESN Ibiza Trip** 

19th - 23rd of April

Girona Temps de Flors Girona's Festivity

18th of May (daytrip)

Costa brava

26th of May (daytrip)



### **ESN Ibiza Trip**

19 - 23 of April

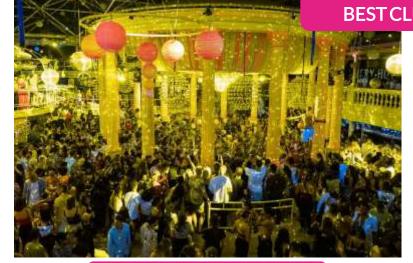




#### **CITYTOURS**



**4 NIGHTS ACCOMODATION** 



**POOL PARTIES** 



**DAYTRIP** 



**WELCOME PACK** 

\*Pictures ESN Ibiza Trip from last year

**BOAT TRANSPORTATION** 



# Trips

#### **ESN Ibiza Trip** (April 2023)



Girona Temps de Flors (May 2023)





Valencia (March 2023)



Euskadi (April 2023)





# WEEKLY ACTIVITIES

with ESN Barcelona

Monday

Tuesday

Wednesday

Thursday

Belushi's Bar & Party at Apolo

Tandem Language Exchange

Sonora Bar & Party at Wolf



# CULTURAL ACTIVITIES





# CULTURAL ACTIVITIES



Rainbow Tour (May 2023)



Laberint d'Horta (December 2023)



Sagrada Familia Tour (November 2022)

# SPORTS ACTIVITIES

tournaments

jogging



laser tag!





climbing wall

# SPORTS ACTIVITIES



Paddle surf (May 2022)

Trekking Tibidabo (Feb 2023)



Volley tournament (May 2023)



### **Activities**

# PROJECTS – ESN CAUSES



Culture

Health & Well-being





Skills & Employability

**Social Inclusion** 





**Education & Youth** 

**Environmental Sustainability** 







### FOOD & DRINK



pa amb tomàquet



pernil



truita



cava



paella



calçots



crema catalana

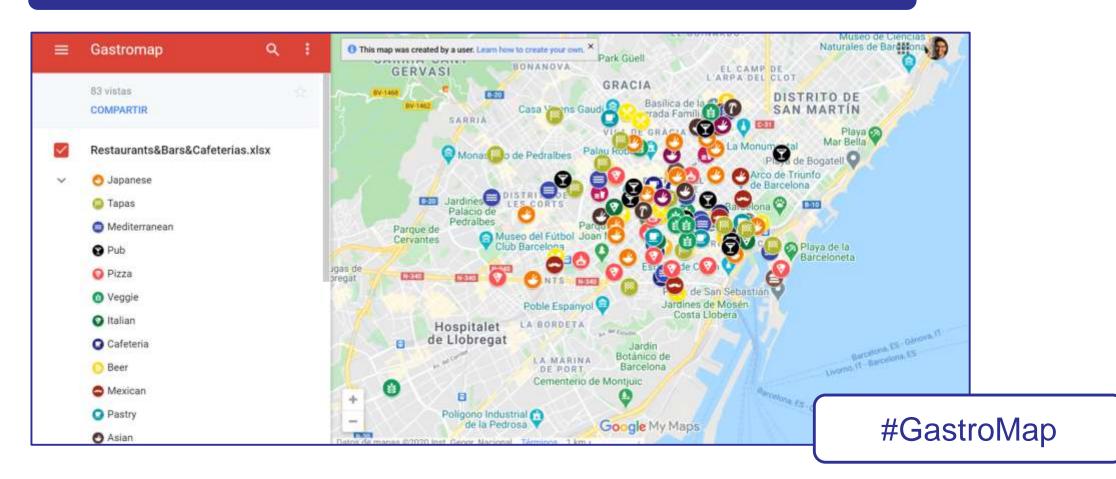


sangría





### **FOOD & DRINK**



### **TRANSPORT**

metro

tram

bus

train



Single-person ticket for 10 journeys 12.15€



Unlimited journeys for 30 days 21,35€



Unlimited journeys for 90 days 42,70€
Users under age 30 only!

bike



taxi



### **Buddy Program**











### **ESN Barcelona UB**



Facebook Fan Page Erasmus Student Network Barcelona UB



@esn\_ub



https://www.esn-ub.org



Office at:

Faculty of Economics
Avinguda Diagonal, 690
(Despacho F, next to the cafeteria)

Palau Reial Metro Stop (L3)



# **ESN Barcelona UB**Students Helping Students



Erasmus Student Network
Barcelona UB

