# The Thermodynamics of Mind Gustavo Deco ICREA / UPF Center for Brain and Cognition, Barcelona Monash University, Melbourne www.gustavodecolab.com







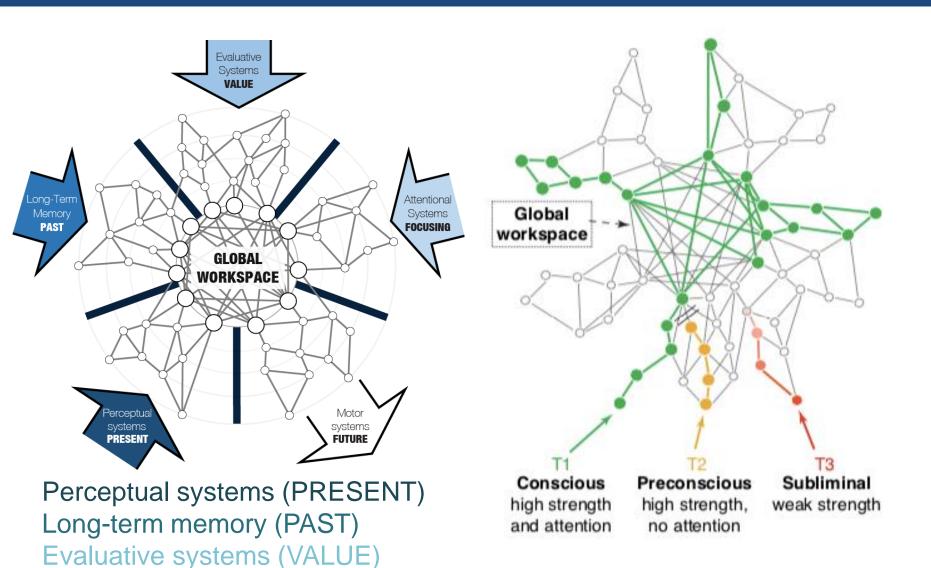
- Hierarchy in brain dynamics
- Hierarchy -> functional interaction
  - -> breaking the detailed balance
- Capturing breaking detailed balance (hierarchy) by Thermodynamics of Mind: The arrow of time in brain signals

(Non-reversibility – Non-equilibrium – Hierarchy)

Modelling Non-reversibility (Generative Effective Connectivity)

## Overview

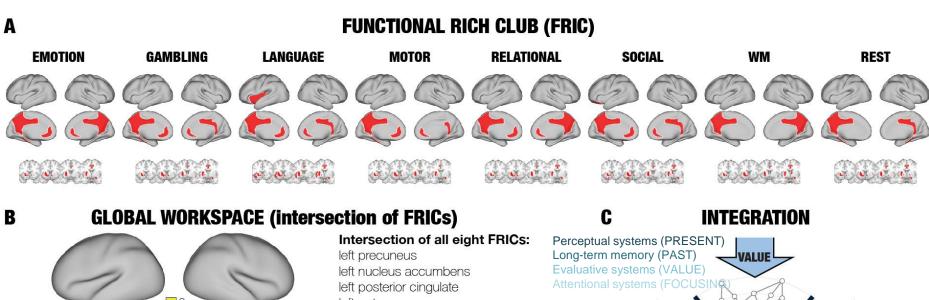
# Defining Global Workspace

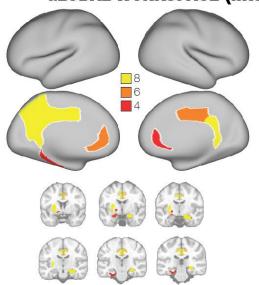


Attentional systems (FOCUSING)

Dehaene et al. (1998) PNAS; Dehaene & Changeux (2014) Neuron

# Discovering Global Workspace regions





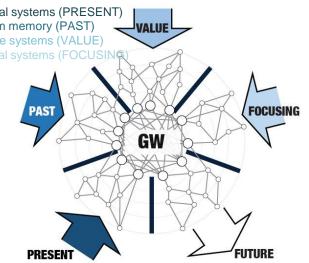
# left nucleus accumbens left posterior cingulate left putamen left, right isthmus cingulate right hippocampus right amygdala

#### Further regions, threshold 6 FRICs:

right nucleus accumbens right posterior cingulate left, right rostral anterior cingulate

#### Further regions, threshold 4 FRICs:

left globus pallidus internus left amygdala left parahippocampal



# Thermodynamics of Mind (Model-free)

# Arrow of time in Non-Equilibrium

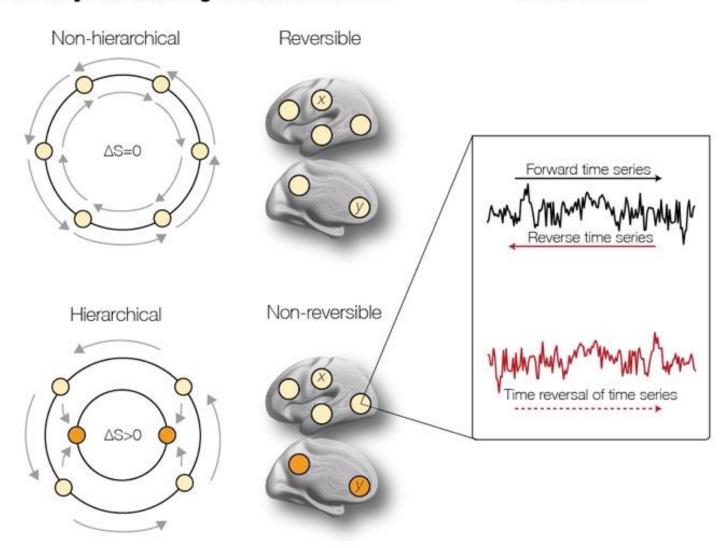
- "How does the living organism avoid decay? ... By eating, drinking, breathing and ... assimilating. The technical term is metabolism" ("What is Life?", Schroedinger, 1943)
- The avoidance of decay thus requires non-equilibrium interactions with the complex environment
- The brain is at the heart of the breaking of the detailed balance.

Erwin Schroedinger (1887-1961, Nobelprize



## Hierarchy and breaking of detailed balance

### **Arrow of time**



## Non-reversible

**Forward** 



Time-reversal of backward trajectory



### Reversible

**Forward** 



Time-reversal of backward trajectory



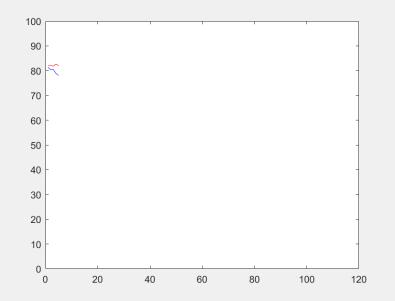
# Arrow of time in physics

• When is it difficult to determine the direction of the arrow of time?



When we are shown a movie of a **macroscopic** process, we **can** typically guess easily whether the movie is played in the correct order or in time-reversed order

Christopher Nolan: TENET



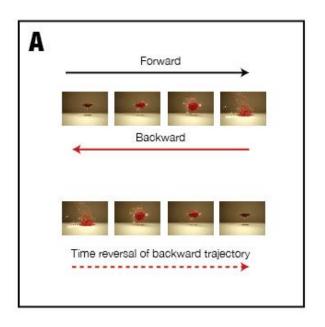
When we are shown a movie of a **microscopic** process, we **cannot** typically guess easily the direction

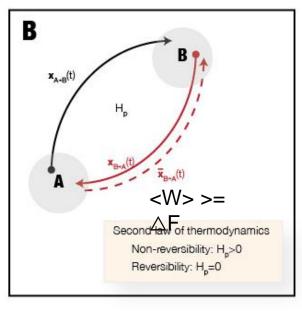
Seif ... & Jarzyinski et al 2021 Nature Physics

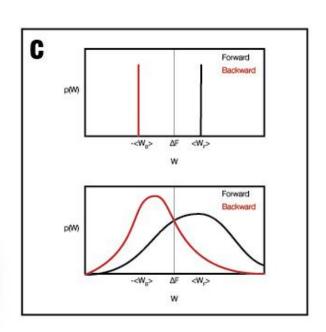
# Thermodynamic arrow of time



Rudolph Clausius Sadi Carnot Arthur Eddington







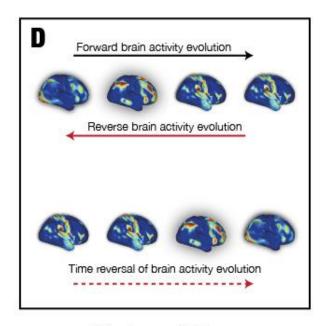
Arrow of time

Reversibility vs non-reversibility Fluctuations in work distribution

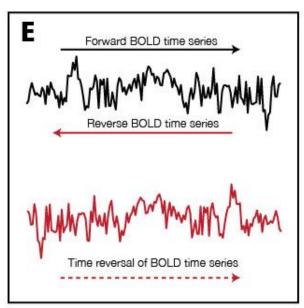
# Arrow of time in physics

# **TENET**

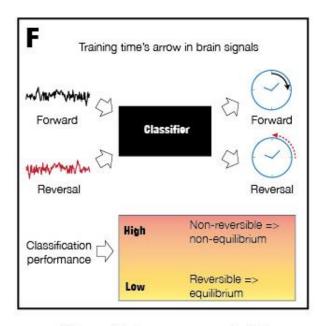
(Model-free machine learning framework)



Brain activity

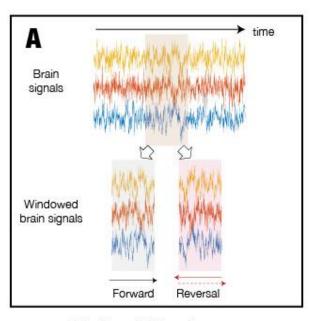


BOLD time series

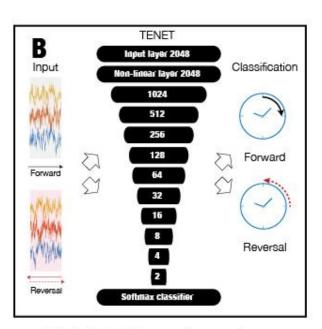


Classifying reversibility

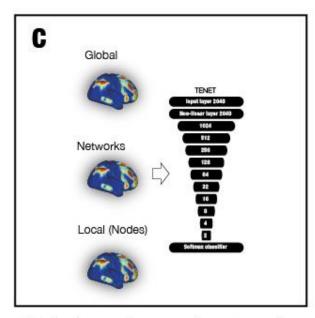
# Arrow of time in the brain



Sliding Windows

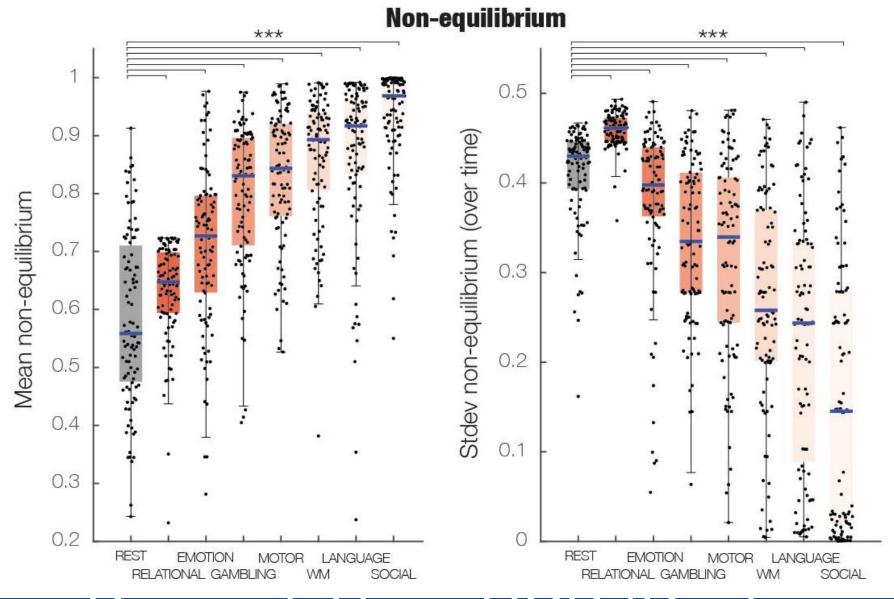


TENET: Deep learning

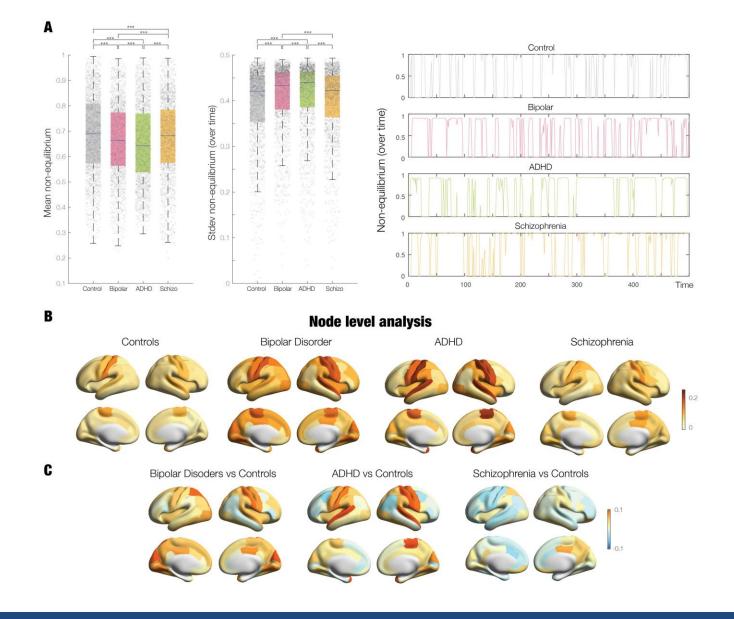


Global, nodes and networks

# Temporal Evolution Net (TENET)



Reversibility in HCP (Rest vs Task)

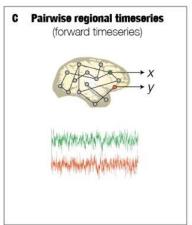


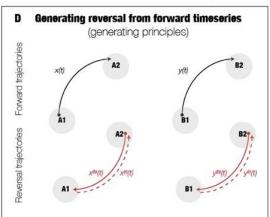
# Neuropsychiatric disorders

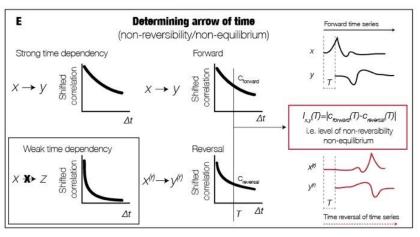
# INSIDEOUT

(Model-free correlation framework)

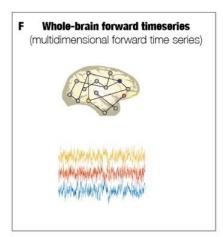
#### Pairwise irreversibility of forward and reversal timeseries

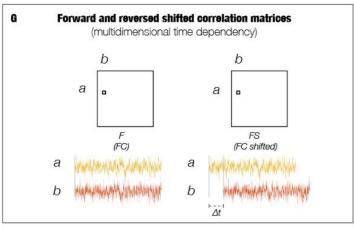


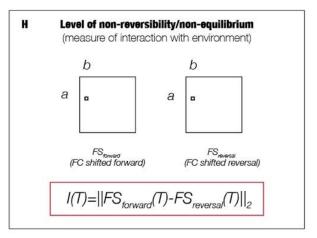




#### Whole-brain irreversibility of forward and reversal timeseries

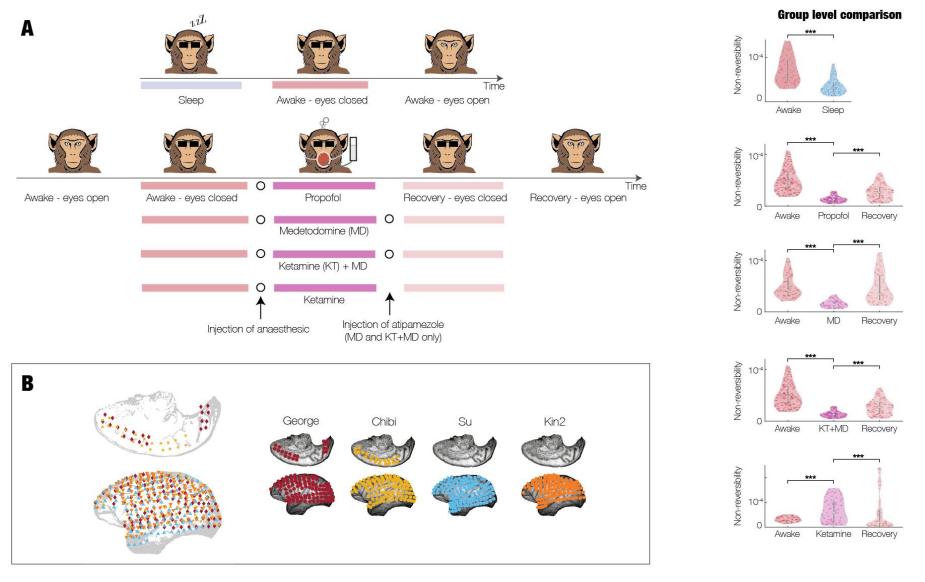






Deco, et al. (2022) Nature Comm. Biology

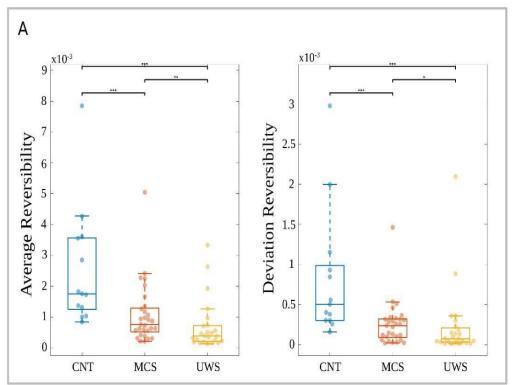
# **INSIDEOUT** framework of reversibility

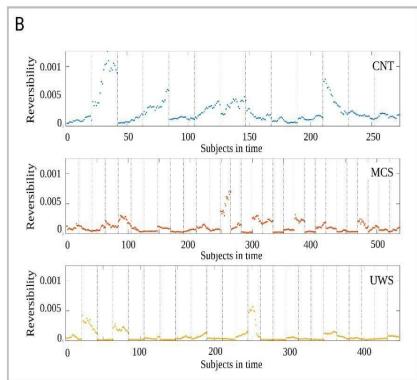


Deco, et al. (2022) Nature Comm. Biology

# ECOG data from brain states

Data: fMRI recordings; 13 CNT, 31 MCS and 24 UWS



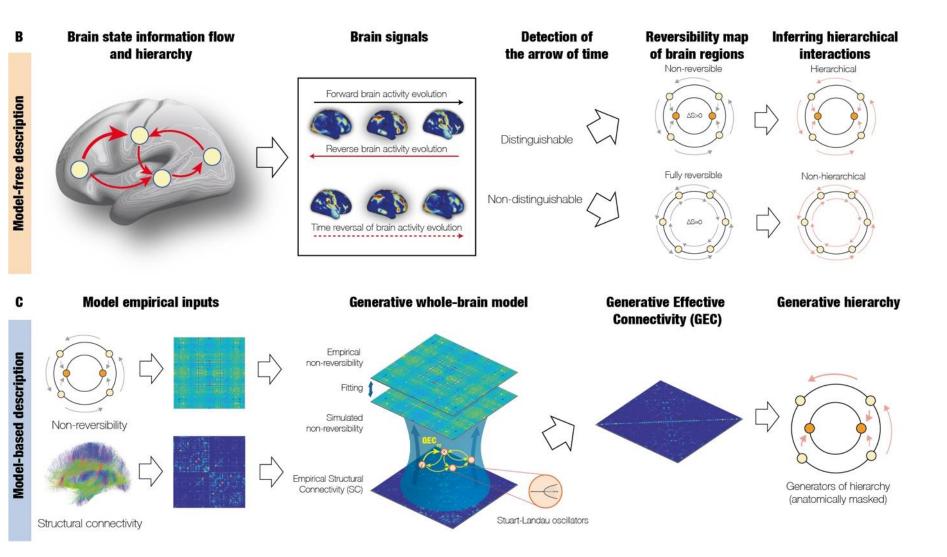


García Guzman, et al. (2023) Royal Society Interface Focus

# INSIDEOUT framework of reversibility to fMRI in DOC

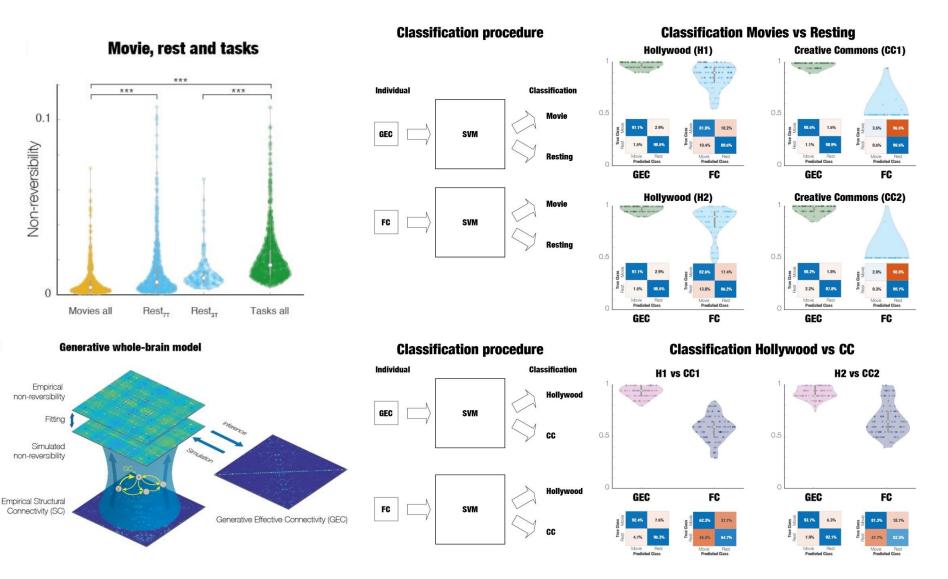
# Thermodynamics of Mind

(Model-based: GEC framework)



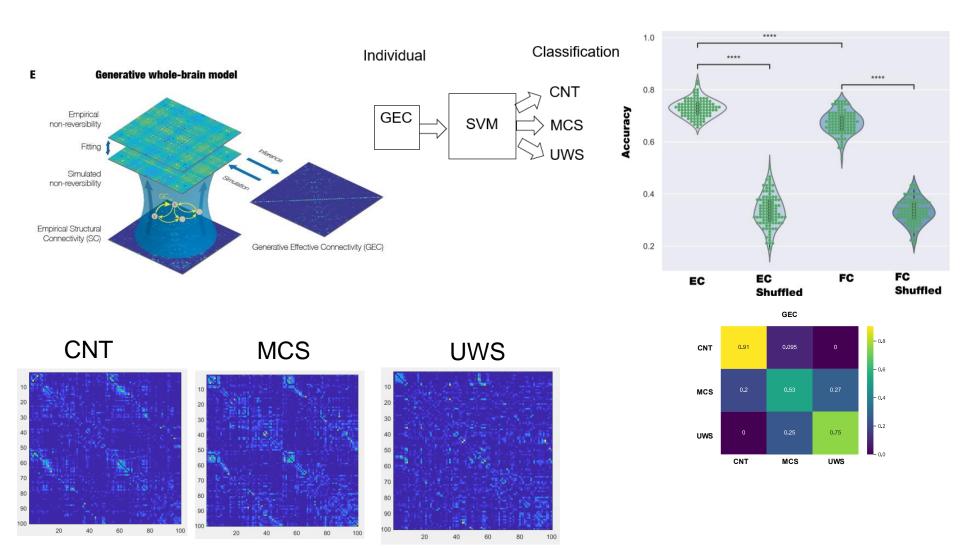
Kringelbach, Sanz, Tagliazzuchi & Deco, Science Advances 2022

# Thermodynamics of mind



Kringelbach, Sanz, Tagliazzuchi & Deco, Science Advances 2022

## **Effective Connectivity of Non-reversibility**



Effective Connectivity of Non-reversibility in DOC

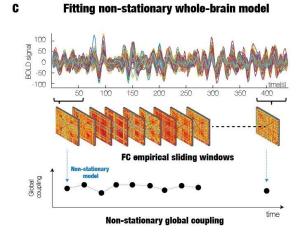
# Thermodynamics of Mind

(Model-based: Production Entropy framework)

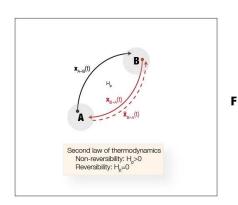
# Exogenous task environment Exogenous task environment Temporal driving dynamics Endogenous Whole-brain brain dynamics signals

# Anatomical structure (dMRI) SC empirical Functional dynamics (fMRI) G: global coupling FC empirical

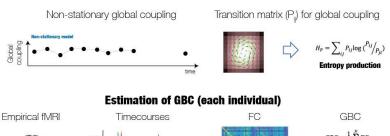
**General whole-brain model of functional dynamics** 

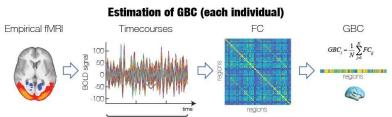


#### D Entropy production and reversibility





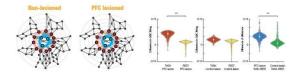




H Identifying unifying drivers across all tasks

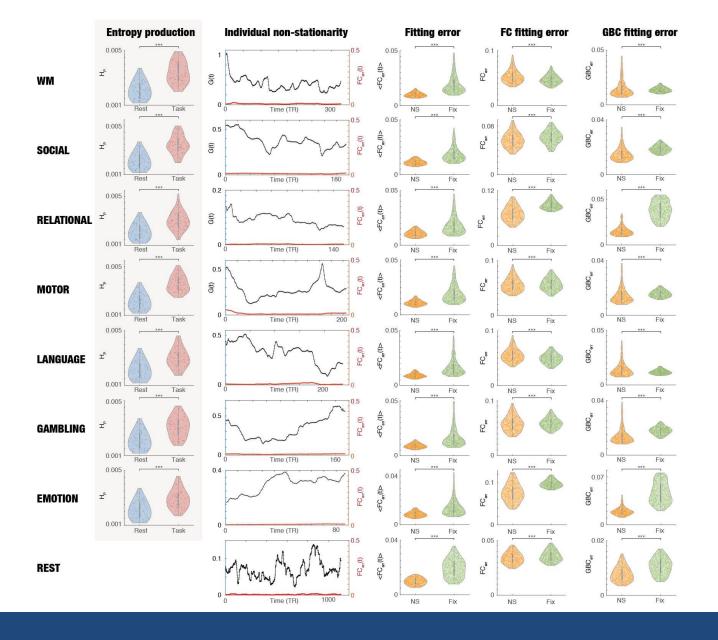


#### I Causal mechanistic role of unifying drivers

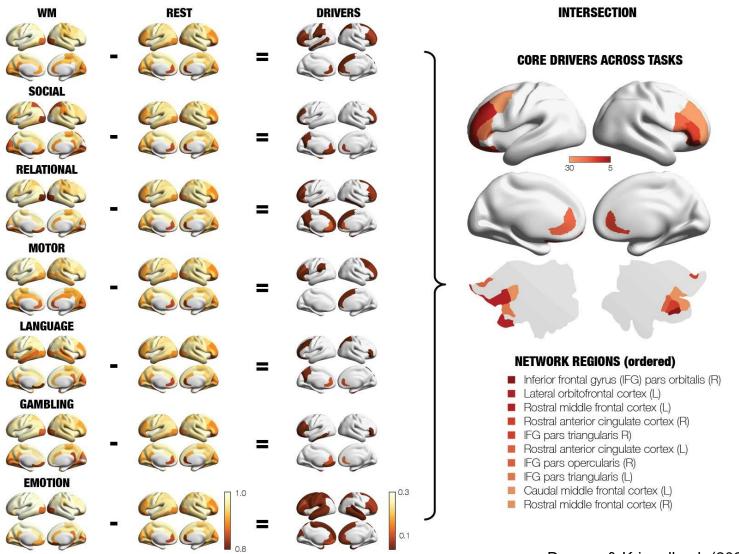


Deco ... & Kringelbach (2021) bioRxiv

## Model-based entropy production



**Model-based entropy production** 



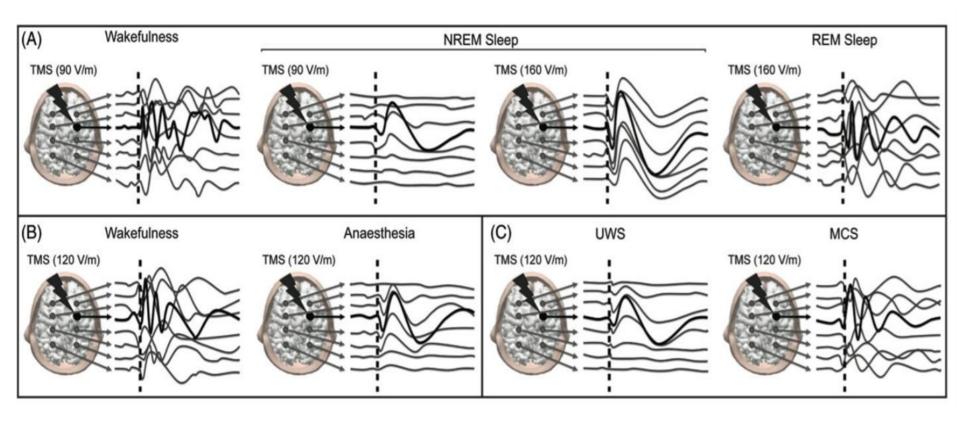
Deco ... & Kringelbach (2021) bioRxiv

## One ring to rule them all

# Future Perspectives

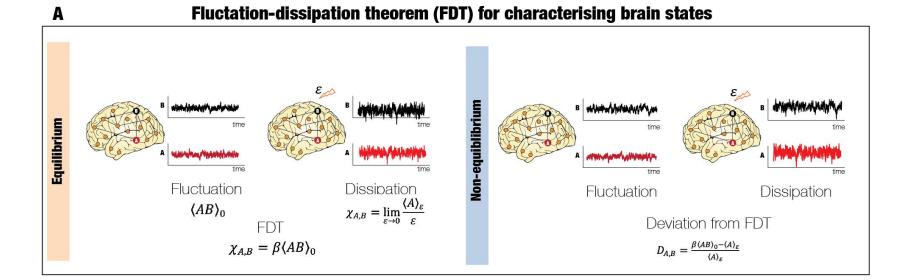
(Fluctuation-Dissipation Theorem)

## Massimini's PCI

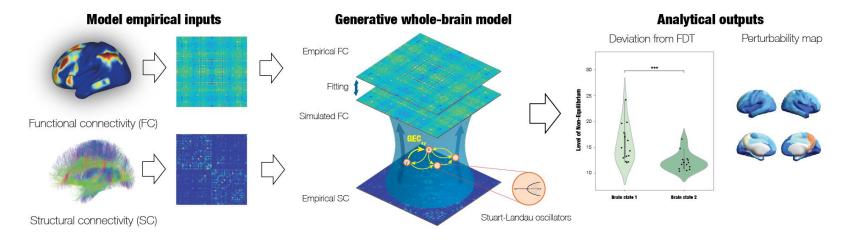


Napolitani et al. (2014)

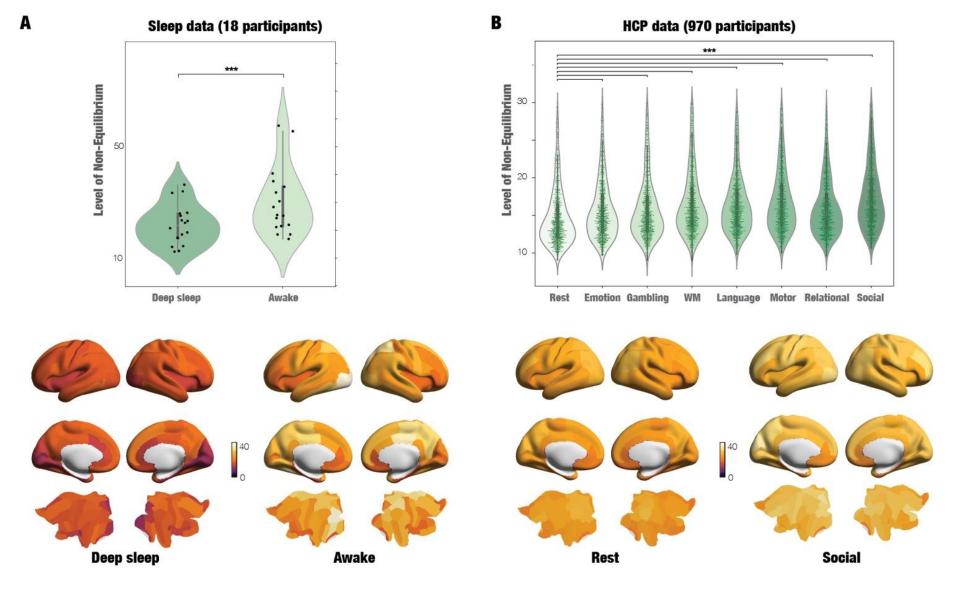
## **Future perspectives**



### B Discovering differences in non-equilibrium in empirical brain states



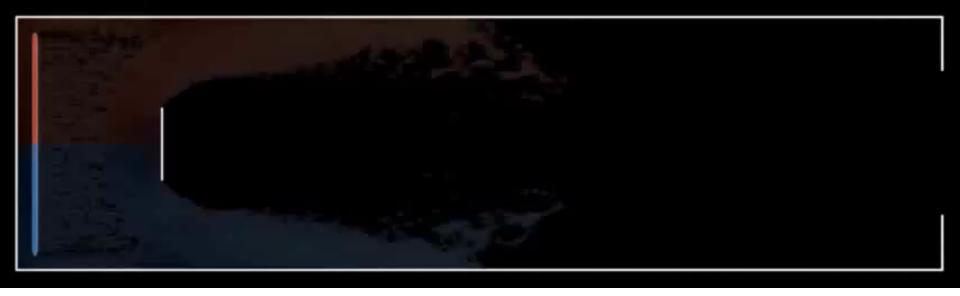
## **Future perspectives**



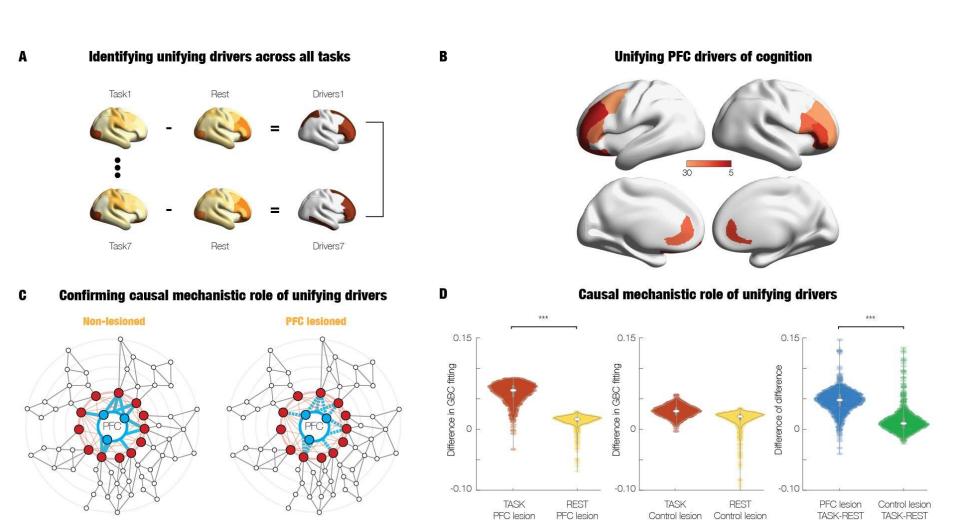
## Fluctuation-Dissipation theorem (FDT)

- Hierarchy: Brain causal interactions could be indirectly extracted through the arrow of time
- Arrow of time significantly different in different brain states
- Arrow of time => Non-equilibrium => Turbulence
- Generative Effective Connectivity based on Nonreversibility is more informative (underlying mechanisms)
- Central role of PFC in orchestrating cognition

# Conclusion

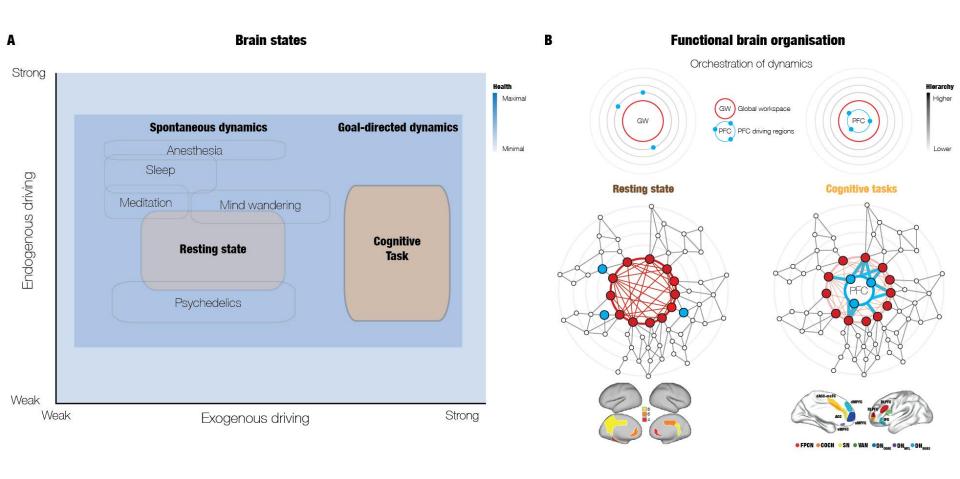


# Thank You



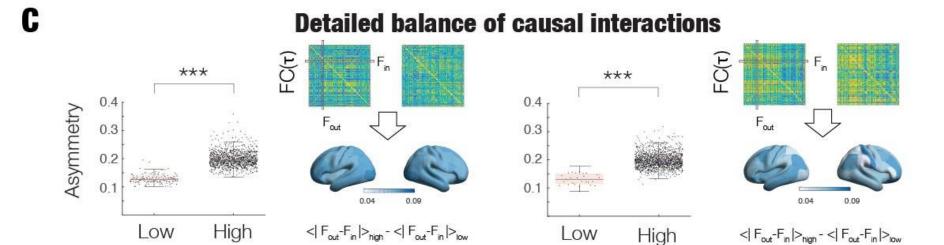
Deco ... & Kringelbach (2021) bioRxiv

## Causal evidence of PFC

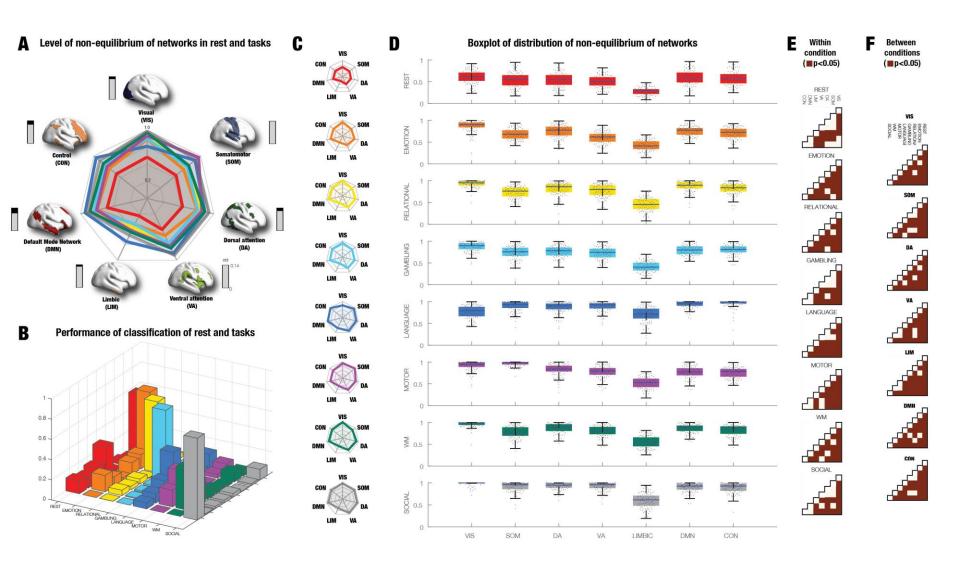


Deco ... & Kringelbach (2021) bioRxiv

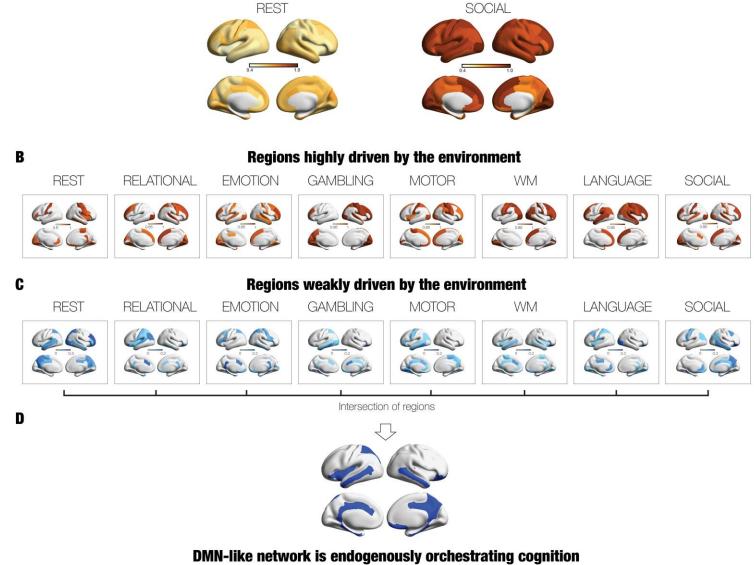
## Orchestration of dynamics



# Breaking detailed balance



# Network-level reversibility



**Nodal non-equilibrium/non-reversibility** 

REST

A

# DMN-like network rules cognition